

## **FITNESS ROOM**

### **Summer Opening Hours 2017**

**Sunday 16<sup>th</sup> and 23<sup>th</sup> July OPEN**

**9.30am - 1pm**

**Thurs 27<sup>th</sup> July onwards....**

**Mondays 9am - 8pm**

**Tuesdays 9am - 8pm**

**Wednesdays 9am - 8pm**

**(Zumba 6.45pm)**

**Thursdays - CLOSED**

**Fridays 9am - 7pm**

**Saturdays 9am - 1pm**

**Sundays - CLOSED**

**August Bank Holiday**

**CLOSED 26<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup>**

**Normal opening from 4<sup>th</sup> Sept**

**Except Sunday re-open 17<sup>th</sup> Sept**

